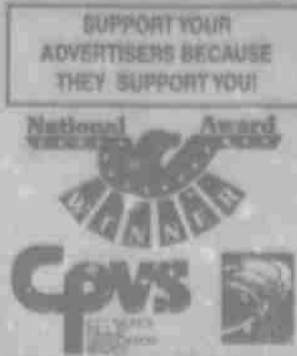


If you are a drug dealer, and you are poisoning the minds of our young people, and destroying their health and growth as well as their heritage, we (The Southwest Digest) will expose you.  
**WE ARE WATCHING YOU!**



# Southwest Digest

February 18 thru February 24, 1999

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**50c**  
Worth More!

902 E. 28th Street  
Lubbock, Texas  
Phone (806) 762-3612

An Independent Periodical Newspaper for All People • Primarily Serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America

## NATION'S NEWS

**Trial Begins For Henry Lyons**  
The Rev. Henry Lyons, president of the National Baptist Convention USA, was scheduled to go on trial on Jan. 11 in Tampa, Fla. on charges of fraud, extortion, money laundering, conspiracy and tax evasion.

If convicted, Lyons could face over 800 years of jail time and millions of dollars in fines.

His finances became the target of an investigation in 1997 after his wife set fire to an expensive waterfront house he bought with Bernice Edwards, the church's corporate relations director.

Lyons has served his 27-year ministerial career in St. Petersburg, where he is pastor of the Bethel Metropolitan Church. He was elected president of the convention in 1994.

### NAACP Suspends Branch Members

NAACP President and CEO Kweisi Mfume moved swiftly to suspend several Dallas branch members of installing newly-elected officers on Jan. 5 in direct violation of the rules as outlined by the "NAACP Constitution and Bylaws for Branches" and the "NAACP Manual for Branch Elections."

The Dallas branch election held Dec. 5, 1998 delayed from Nov. 21, 1998 was officially challenged and until it is certified or a new election is called leaves in place the officers who served during 1997-1998. The branch was notified of its status on Dec. 24, 1998.

"The National Office is immediately suspending everyone who participated in this unauthorized installation of officers," Mfume said. The suspension period will run through Feb. 28 or until the matter is adjudicated.

"Such an affront to our procedures is intolerable. This behavior will not be allowed in the Dallas Branch or anywhere else in the country. There are clear directives that branch whose elections are challenged must follow. Branches can not operate outside these rules," Mfume said.

### Howard Law Alumni Elect Florida Attorney To Presidency

Attorney F. Malcolm Cunningham, Jr. has been elected the national president of the Howard University Law Alumni Association for a one-year term. He has been an officer of the 3500 member association since 1996.

As president, Cunningham will be responsible for all alumni activities including, serving as an officer of the Howard Law School.

"Most of the year will be spent on infrastructure issues including the use of technology to enhance communications among alumni," he said. "I will spend the rest of the time raising money for the law school, recruiting students, and reminding America that the mission of the law school is to produce lawyers who are social engineers for justice."

A managing partner of Cunningham Law Firm in West Palm Beach, Fla., he received his juris doctor degree in 1980. Cunningham was admitted to the Florida Bar that same year. He is a member of both the American and National Bar associations.

### Benjamin Banneker Memorial Bill Passed by Congress

Congress has passed the Commemorative Works Act legislation, introduced by the Honorable Eleanor Holmes Norton, which gives legal authority to erect a monument in Washington, D.C. in memory of Benjamin Banneker.

Banneker, a member of the first presidentially appointed commission under President George Washington, was a responsible for surveying and designing the nation's capital. He was a respected astronomer, scientist, engineer, author, mathematician, civil rights advocate and farmer.

"Mr. Banneker should be heralded as a person who contributed significantly to the growth and development of American on many fronts. After more than 200 years since he made his most notable contribution to this country, it is with great pride and joy that we move forward to ensure that a suitable memorial is erected in his honor," says Peggy Sears, founder and executive director of the Washington Interdependence Council, the administrative agency for the memorial. For information, call (202) 387-3380.

## Seniors Are Still A Vital Part of Workforce



W. T. Reed, left, is seen with Karen King, Director of Development for the South Plains Food Bank.

Seventy-one year old W. T. Reed of Lubbock, Texas is a fine example of the value of an older worker. His lifetime experience is an asset to any employer.

Reed recalls his first job at age 8 working a full day chopping cotton for 50¢ a day. The majority of Reed's life has

been farm work. Jackie Philpot of Lubbock, a former farmer and former employer of Reed says, "W.T. is very special. He is the most dependable, honest, wonderful person you could ever meet". Reed and his wife, Rozena, raised 9 children. Eight are still living. Five daughters live in Lubbock. One daughter in Dallas, Texas, a son in Abilene, Texas and a son in Los Angeles, California.

For the past several years, Reed has been enrolled on the Green Thumb Program. Green Thumb, Inc. is primarily funded by the Department of Labor. The program provides employment, training and services to eligible individuals age 55 years or older, and who meet Department of Labor low income guidelines. While enrolled in Green Thumb, participants are assigned to 501C-3 non-profit.

Organizations, schools, city, county, state and Federal agencies, known as "Host Agencies" where they work an average of 20 hours a week and are paid minimum wage by Green Thumb. Participants perform a variety of vital community service work. The type of work assignment depending on their interest and ability. While at the Host Agency, the enrollee/participant receives direction, instruction/training and supervision by the Host Agency giving the enrollee/participant an opportunity to showcase his/her ability to prepare for transition of the program. The ultimate goal of Green Thumb is to enable the participant to

be placed into permanent employment either at the Host Agency or with a private employer.

W. T. Reed was recently hired off the Green Thumb Program and on to the payroll of his "Host Agency" - The South Plains Food Bank as a van driver. His duties include transporting jail trustees from the Lubbock County Jail for community service work at the Food Bank. Reed also runs errands and does other chores.

David Weaver, director of South Plains Food Bank, expresses his appreciation for having Reed at the Food Bank, saying Reed is an exceptional employee. Brenda Hays, Reed's immediate supervisor, says, "Mr. Reed is well liked by all. He is dependable and a joy to be around." Reed loves the work he does at the Food Bank. He enjoys being around people - being able to be independent and keeping active and a vital part of the Lubbock community. He plans to keep working for as long as his health permits.

Like Reed, many Green Thumb participants prove ability is ageless. Seniors, through their wealth of life's experience, their excellent work ethic, and their willingness to learn and adapt to new ideas, new training, and opportunity are a very vital element of not only the past, but of today and tomorrow's workforce.

Green Thumb, Inc. is an E.O.E. For more information, please call (806) 797-1901.

## Soroptimist International of Lubbock Offers A Day of Beauty for Survivors of Domestic Violence

Soroptimist International of Lubbock, a professional business women's organization with 27 members provided the ladies from Women's Protective Services a free Day of Beauty February 11, 1999 from 5 - 9 p.m.

The ladies received a complete

makeover with makeup applied by Soroptimist member Barbara Harvey Curry, several Mary Kay volunteers, plus hairstyles by LISD cosmetology department. The women then chose a complete outfit including jewelry, accessories and shoes. Soroptimist supplied

refreshments for the women and photographed them after their makeover.

This day of beauty was part of the mission of the Soroptimist of Lubbock to provide services and activities that make a real difference in the lives of women in the area. This is one of many hands-on projects done by Soroptimist members. (Valentine's Day is usually one of the hardest holidays of the year for women who are survivors of domestic violence, so we are trying to make them feel special.)

Soroptimist International of Lubbock also awards the annual Marcha Sharp Making a Difference for Women Award to a woman from the area who has been outstanding in her personal efforts to help other women. Local Soroptimists participated in activities for Children's Protective Services, the Bozeman Community Garden, and many more community projects. The membership in Soroptimist of Lubbock includes a wide variety of professional businesswomen, from business owners to managers, in such varied professions as healthcare management, broadcasting, agriculture, retail ownership, education, finance, advertising and marketing, non-profit services, computer art, real estate, banking and visual arts.



## Denny's Restaurants Promote Diversity

Washington, DC - James B. Adamson, chairman and chief executive officer, Advantica Restaurant Group (Denny's Restaurants' parent company), announced that Denny's will spend approximately \$2 million for television ads promoting diversity.

Pictured from left to right at the National Press Club announcement are: James Adamson, chairman and chief executive officer, Advantica Restaurant Group, Ray Hood-Phillips chief diversity officer, Advantica Restaurant Group and Wade Henderson, executive director, Leadership Conference on Civil Rights.

## Wayland Baptist University To Offer Parks and Recreation Classes

(The following is a statement from Wayland Baptist University regarding higher education classes at Parks and Recreation facilities, and a grant from Southwestern Bell Telephone Company.)

"Pioneering non-traditional degree programs has been a hallmark at Wayland Baptist University since the early 70's. With extension programs in four Texas cities, two in New Mexico, two in Arizona, two in Alaska, Hawaii, and

Kenya in Africa, Wayland continues to expand programs to provide programs which are more accessible to people. Today, we are giving attention to Southwestern Bell Telephone Company, and their Regional Manager, Irasema Valasquez, and the City of Lubbock's Parks and Recreation Department, for supporting Wayland's East Lubbock program, which is conducted at the Mae Simmons Community Center. The

47 students who enrolled in the bachelor's degree program at the Mae Simmons Community Center have exceeded our expectations. It has been proven when you take the program to the people, they will come. We have received great support and encouragement from the East Lubbock churches and neighborhood associations. No doubt, a higher educated East Lubbock community will bring immense economic and social benefits.

"What is needed most to continue this successful program is scholarship funds. We are grateful for the \$3,000 commitment Southwestern Bell Telephone has made today for our East Lubbock program. This fund, along with other gifts we have received recently, will enable the East Lubbock students to continue pursuing their bachelor's degree, and the funds will help Wayland to expand the work in East Lubbock."

Kent Brooks, Director, Lubbock Center, Wayland Baptist University



Estacado High School senior football players signed letters of intent Wednesday, February 3, in the athletic field house. Patrick Sanders and Toddrick Thomas will be going to Cisco Junior College. E.J. Ume and Justin Kibbler will play for Eastern New Mexico University. On hand for the signing ceremony were the players' parents, local news media, and school officials.

## Young At Heart Celebrity Day

Many older adults do not realize that they have some wonderful gifts to share the gift of time, the gift of love, and the gift of experience. Sharing these gifts may enrich the lives of many others. If you or someone you know is over 55 years or older and loves children, the Young at Heart program of Lubbock needs you.

Lubbock started working on the project almost two years ago,

### \$12.2 Million Settlement In Wrongful Death Case

Attorney Willie Gary and his partner Robert Parentl, Associate Ginger Jenkins and Missouri Attorney Richard Banks won a \$12.2 million settlement in a wrongful death suit against a non-disclosed company in St. Louis.

The family of Thomas Schuberth Jr. sued the company after their son received burns over 70 percent of his body due to a malfunctioning door in an elevator which did not allow him to escape from the fire.

Schuberth Jr. was refinishing the metal in the elevator when the cleaning liquid ignited. The malfunctioning door trapped him in the blazing elevator. At 30-years old, Schuberth Jr. died 40 days later in intensive care.

The \$12.2 million settlement came after two weeks of trial.

becoming one of 13 cities in Texas with a Young at Heart program. Started by the Texas Department of Protective and Regulatory Services, the major purpose of the program is to connect the older generations with the young. Young at Heart is an intergenerational initiative benefiting children and older Texans by providing opportunities for older adults to volunteer and work in child care centers.

To help promote involvement in Young at Heart, the 2nd annual "Celebrity Day" was held at three local child care centers on Thursday, February 11 from 9 a.m. to 10 a.m. Local celebrities participated with children in a variety of activities which included storytelling, music, reading, and art. Young at Heart volunteers were also on hand to share with the celebrities the wonderful opportunities afforded them through the program. Covenant Child Care Center (formerly Methodist Child Care Center) hosted two celebrities Eddie P. Richardson of Southwest Digest and Kurt Kiser, Anchor for KLBK TV - Newscenter 13. Our School - Imagination Nation hosted celebrities Floyd Price, Detective for the Lubbock Police Department and Mary Cummings, Radio Talk Show personality for Senior Talk on KJAK-92.7. Wee Care Child Care Center was the host for Lubbock County Sheriff, David Gutierrez and Candace Paulk from Lubbock ISD.

### Dates To Remember

**Tuesday, March 23**  
7:00 p.m. (Please note time change.)  
Next General Coalition Meeting  
Knitting Center  
Can't wait to see you there!!!

**Friday & Saturday, April 9 & 10**  
Health Fair at South Plains Mall, Lubbock  
Sponsored by City of Lubbock Health Department  
This is an all-day 2-day event and many, many volunteers are needed.  
To volunteer, please call 791-2582.  
Serving 24 Counties Across the South Plains

### COMING SOON

in the February 26, 1999 issue we will have a special section honoring **Black History Month**

Those interested in advertising or contribute to this section please contact **T.J. Patterson or Eddie Richardson at The Southwest Digest, 762-3612**  
Ad Deadline is February 15, 1999



## Ruby Jay's Corner



The New Hope Baptist Church, 2002 Birch Avenue, is the "Church Where The People Really Care," and Rev. Billy R. Minton is the proud pastor. If you are looking for a church home, then come and visit New Hope Baptist Church. You'll be glad you did.

Services began last Sunday morning at 9:30 a. m. with Sunday School. Assistant Superintendent James Sterling presided. All teachers and classes were in their classrooms for 30 minutes of instruction. At 10:15 a. m., they all reassembled in the main auditorium singing "God Will Take Care Of You." Prayer was given by Brother Sterling.

Since last Sunday was Youth Sunday, members of the Youth class brought high points of the morning lesson. All comments were very well done. Thank God for our young people!

Sister Johnson acted as secretary. Report: Youth Department - Junior Class received both banners. Adult Department: Adult Class No. 1 retained the Attendance Banner. Adult Class 4 retained the Offering Banner.

The Youth Department did a wonderful job leading the devotional period.

The Youth Choir sang the opening selection. Prayer was given by Rev. Jeff Brown. A song, "Working On The Building" was sung. After the reading of the morning scripture and another prayer, another song, "His Eye Is On A Sparrow," was sung.

Responsive reading was done with the congregation standing. The morning hymn was "Just A Closer Walk With Thee." Pastoral observations were given by Pastor Moton. The hymn of preparation was "Pass Me Not."

Pastor Moton's sermon was entitled "If You Are Not Fishers Of Men, You Are Not Fishers Of Jesus." His scripture text was St. Matthew 4:18-22. It was a wonderful message.

Memorial services were held last Sunday morning, February 13, 1999 for Tara Edmons, daughter of Sister James Emma Jackson. She passed away in Norfolk, Virginia.

Sister Marjorie Thomas lost a niece last Saturday, February 13, 1999. Services are pending at this report.

Our love and sympathy are all bereaved families. God is calling the roll. It makes one wonder if everything is all right.

Let us remember our sick and shut in families as well.

### Ask the AG:

## Crime Victims Eligible for Assistance



**Q: I have been taking care of my mother, who was hit by a drunk driver last April. I have incurred many expenses throughout these past seven months and she is going to require continued care because the crash left her paralyzed. Am I eligible to apply for compensation under the Crime Victims' Compensation Program?**

**A:** I am sorry that your mother was a victim of a drunk driver. The Crime Victims' Compensation program in my office is there to help with certain expenses related to this terrible tragedy.

Your mother may be eligible for Crime Victims' Compensation benefits as a victim of a crime. You may also be eligible if you have incurred any expenses on her behalf, or if you require counseling.

The conditions for eligibility are set by statute. Generally, victims of crime are eligible if they report the crime, did not contribute to the crime, and cooperate with law enforcement in the prosecution of the offender. Expenses that are eligible include medical bills, counseling expenses and travel expenses related to the criminal justice process or seeking medical treatment. If your mother was employed at the time of the crime, she may also be eligible for loss of wages.

You may also qualify for loss of wages if you are unable to work because of her injuries.

Even if the offender is never caught or prosecuted, you may still be eligible for compensation as long as you reported the crime and cooperated in the investigation.

The best thing to do is to submit an application to my office.

Once eligibility is determined, my staff will work with you to make sure you and your mother receive every benefit possible under this program.

The application for Crime Victims' Compensation is available on the Internet at [www.oag.state.tx.us](http://www.oag.state.tx.us). Individuals who do not have Internet access can receive the application by calling 1-800-933-9933 or writing to the Crime Victims' Compensation Division, Office of the Attorney General, PO Box 12198, Austin, TX 78711-2198.

**Q: I was a victim of a car-jacking. The thief beat me up and stole my car. The police later found the car, totaled of course. The Crime Victims' Compensation Fund paid for all of my medical expenses, however it did not pay for the cost of replacing my car or my possessions in the car. I need a car to get to work and now I might lose my job. Why won't you replace my car?**

**A:** Conditions for expenses eligible for reimbursement are set by

the Legislature. The Office of the Attorney General is bound by the guidelines they set in the law that governs our program. Currently, the statute states that replacement of lost possessions, such as cars, money and jewelry are not eligible expenses.

The only property loss we can cover is when the victim's possessions are seized as evidence, such as the case where a sexual assault survivor's clothing may be taken into custody to use as evidence in a trial. Even then, benefits are limited to a maximum of \$750.

I understand your frustration and hope you will work with the prosecutor in the case to see if restitution may be ordered to replace the loss of your car.

Because Texas statutes can only be changed by the Legislature, you may wish to contact your representative and senator regarding your concerns in this area. If you need assistance in determining who your legislators are, you may wish to contact your local tax assessor's office for assistance.

## Whitney Houston Releases First Studio Album in Eight Years

International superstar and Arista recording artist Whitney Houston will release her fourth studio album, *My Love Is Your Love*, worldwide on November 17. This marks Houston's first non-sound-track related album release in eight years.

Top "A-List" producers and songwriters have contributed to the project, including the acclaimed Wyclef Jean, top Hip Hop star Missy Elliot, who penned and produced two tracks, Grammy Award winning producers Kenneth "Babyface" Edmonds and David Foster and the young hit producer, Rodney Jerkins.

Summarizing the scope and impact this new release will have around the world, Arista Records President Clive Davis, the album's co-producer along with Whitney Houston, puts it best, "Every one of Whitney's legions of fans marvel at her instrument and her range and depth, and truly never before has anyone heard her like this. She swoops, she caresses, she hip hops and she belts - never younger, more contemporary or more soulful. This bar none is the best album she has ever recorded and solidifies her leg-

cy and her place in musical history."

*My Love Is Your Love*, is as diverse as Houston's Five-Octave range. Highlights of the 12 new cuts include, the funky Soulshock & Karlin produced, "Heartbreak Hotel" which includes two of today's top female vocalists, Faith Evans and Kelly Price. David Foster produced a classic Whitney straight-from-the-heart ballad "I Learned from The Best" written by Diane Warren. Talking about his experience working with Houston, David Foster says, "I like to describe it as: she's like a thoroughbred racehorse. She goes into the studio, she rips the jacket off, she steps up to the mic and she goes. She'll just go and go and go. It's an amazing thing to see."

Kenneth "Babyface" Edmonds produced or co-produced four songs on the album, including the remarkable Whitney Houston/Mariah Carey collaboration, "When You Believe (The Prince of Egypt)." Other

Babyface tracks include the Diane Warren written ballad "You'll Never Stand Alone" and his own stirring "Until You Come Back." Working with Whitney is always a fun thing," Babyface says. "Everytime she sings it's always on it. On this project she is in great voice and she's hitting those notes strong. You can't get much better when you're already the best."

Top young record producer Rodney Jerkins delivered three tracks including the infectious "It's Not Right, But It's Okay," the destined total worldwide dance anthem "If I Told You That" and the hot "If We Could Just Get It Back." "When we wrote, 'It's Not Right, But It's Okay,'" Jerkins comments, "I was like, this would be so hot for Whitney if she does this it would be like another level. So I just kept imagining, everyday, what would she sound like on the record? and then when we did the record... BAM. I

mean it's like an explosion." Jerkins also co-produced with Babyface the Diane Warren written track "I Belong Out" for the album.

Whitney Houston's contemporary and edgy side prevails with the Missy Elliot written and produced track, "In My Business" and the ballad, "Oh Yes," a classic side of Whitney rarely ever heard before. The title track of the album was produced by Wyclef Jean (of The Fugees). Its haunting and emotional lyrics are a vehicle for still another side of Whitney that the public hasn't experienced. "My Love Is Your Love" will be on the radio forever.

A special album premiere / international press conference has been set for November 5 in New York City. The event will be beamed around the world via satellite and on the internet as the album is unveiled and Whitney Houston, Clive Davis and others speak about this landmark project.

## Nominations Due For Celebrity Luncheon

The Lubbock Chapter of the Association for Women in Communications (AWC) is accepting nominations for the 1999 Celebrity Luncheon. Each year Women in Communications celebrates the positive contributions and achievements of local citizens. The 1999 Celebrity Luncheon is scheduled for Tuesday, April 20, 1999.

Headline awards go to people whose achievements or contributions have received widespread recognition through public media. Gold Medals are awarded to people who, over an extended period of

time, have worked to improve the quality of life for a broad spectrum of those living in the Lubbock area. The Louise Allen Award is presented to an entity that has exhibited outstanding corporate community service. The George Mahon Award for Extraordinary Public Service is presented only when AWC believes a person has dedicated his or her adult life to a broad array of public service efforts.

If you'd like to nominate someone for an AWC award, contact Beth Pratt at 744-9603. E-mail: [bpratt@llanone.net](mailto:bpratt@llanone.net).



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 Covenant Medical Center Branch - 3615 13th • 806-796-1234 • Downtown Branch - 15th and Avenue J • 806-743-5596  
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# YOUR HELP IS NEEDED!

As part of our yearlong Celebrate 2000 project, The Avalanche-Journal will publish a special section recognizing Lubbock's outstanding leaders - past, present and future. The section will be published on Thursday, March 25, and be included in that day's A-J.

To compile a comprehensive list of leaders representative of our diverse cultures, we need your help in identifying these important men and women and their contributions for possible inclusion in our section.

Please take a few minutes to fill out the write-in ballot below with the name of a person you believe has provided in the past, is providing now or will provide in the future key leadership to Lubbock, the South Plains and its citizens. And please give a brief summary of the contributions your nominee has made.

Return your completed ballot to:  
 Lubbock's Leaders  
 P.O. Box 491  
 Lubbock 79408

**Nominations will be accepted until Feb. 19, 1999**

You also may forward a nomination via our Internet site at [celebrate2000.lubbockonline.com](http://celebrate2000.lubbockonline.com)

**Thanks for your help!**

Name Of Nominee: \_\_\_\_\_

Significant Accomplishments Or Contributions: \_\_\_\_\_

Other Comments: \_\_\_\_\_



# Kids Nutrition Q & A Zimbabwe's Alternative to Viagra

**Q: My 14-year-old daughter says she's too fat and wants to diet. I think she looks fine. What should I do?**

**A:** It's not uncommon for teenage girls to become body-conscious, says nutritionist Dr. Debby Demory-Luce of the USDA's Children's Nutrition Research Center. First, your daughter should have a medical professional assess whether she is actually overweight.

Unfortunately, normal weight adolescent girls can develop unrealistic ideas of how their bodies should look, which can lead to dissatisfaction. If this is the case, helping your daughter build self-confidence and a positive self-image will do the most for her happiness, health and personal development.

Even if your daughter is overweight, weight loss diets are generally not for growing children unless they are carefully supervised by a health care professional. Unsupervised dieting can jeopardize a child's intake of calories, vitamins, minerals, and other nutrients needed for proper development.

Instead of dieting, it would be better for your daughter to focus on the other half of the energy equation—physical activity. Regular exercise not only helps burn calories, but can also improve your daughter's sense of well-being.

Parents can also help teens by being good role models. Children are more likely to eat right and exercise regularly if their parents do, too.

**Q: I had mastitis about 5 times when I was breastfeeding. I weaned my daughter a month ago, but I still have a lump under my arm. Should I be concerned?**

**A:** You should see your doctor about this. Mastitis is an inflammation of the breast tissue which, although most common in breastfeeding women, may occur in women of any age, says Dr. Judy Hopkinson, a lactation physiologist at the USDA's Children's Nutrition Research Center.

Mastitis is usually caused by germs entering the breast through a crack or abrasion in the nipple. Swelling caused by mastitis generally resolves when the inflammation clears. Repeated episodes of mastitis in the same area might indicate that something is obstructing the flow of milk. This could be a cyst or possibly a

tumor. Although not common, breast cancer can and does occur in breastfeeding women. Suspicious symptoms include repeated mastitis in the same breast coupled with resistance to antibiotic therapy.

All women are advised to continue regular monthly breast self-examinations—even when breastfeeding.

**Q: I am confused over the labeling terms fat-free, reduced-fat, low-fat, and lite. Do these foods have fewer calories?**

**A:** Not necessarily, says nutritionist Dr. Debby Demory-Luce at the USDA's Children's Nutrition Research Center. While fat calories may be reduced, additional carbohydrate-based substances are often added to these foods for flavor and texture. If your goal is weight loss, experts agree that it's total calories eaten that count, not just fat grams.

This doesn't mean that controlling fat intake isn't important. Reducing fat to no more than 30 percent of total calories is an important step in preventing some serious diseases, including stroke and heart disease.

The FDA has standardizing fat content-related terms used on food labels to help consumers make informed choices.

Here's the skinny on fat terms:

Fat-free contains less than one-half gram of fat per serving; Low-fat contains three grams or fat or less per serving; Reduced-fat contains at least 25 percent less fat per serving than the original food and Lite contains at least 50 percent less fat per serving than the original food.

It's important to remember that while low-fat and fat-free foods contain very small amounts of fat, they might still contain a significant number of calories. Reduced-fat and lite foods, while containing less fat than the original food, are still likely to pack significant amounts of fat and calories. So, it's a good idea to also check the label for total fat grams and calories per serving.

Send your nutrition questions via U.S. mail to: Kids' Nutrition Q & A, USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine, 1100 Bates Street, Houston, TX 77030; or via E-mail to: cnrc@bcm.tmc.edu. Although individual responses are not possible, questions of general interest will be answered in this column.

**BULAWAYO, Zimbabwe**—Viagra-mania may be a worldwide fad, but traditional healers in Zimbabwe are not impressed. They have an aphrodisiac for men that works very well and is said to be much cheaper. Known popularly as vuka-vuka (wake up wake up) or vusankunzi (wake up the bull) in Ndebele, it is widely used in Zimbabwe and sold across southern Africa.

George Moyo, a reputable healer, prescribes vuka-vuka from his Tshabalala home. He dries, grinds and mixes leaves and roots of three plants into a powder, throws in bits of freshly cut aloe, leaves the mixture in water for two days, and advises clients to drink half a cup daily. This recipe was handed down to him by the spirits, he says. "It has no side effects. What you feel, you feel in the bedroom," says Moyo.

"Before, [vuka-vuka] was only for married adults. Now men of all ages want it," laments Sam Sithole another local healer.

At a nearby stall, Simon Sibanda Jamela agrees: "Today's young men frequent too many nightclubs, drink too much, run around with too many women who use birth control, and then they come to us with sexual diseases and impotence, asking for vuka-vuka."

Every healer has a special formula, but there are two primary types.

One works as a general tonic for the body. It is recommended that men should drink daily after reaching adulthood. One daily teaspoon of the reddish brown powder diluted in soap, milk, porridge or flat coke, restores a man's sexual energy and health.

"Taken over a period of time, vuka-vuka boosts sexual drive, strengthens the sperm for conception and increases energy," says Peter Mutandi Sibanda, cultural secretary of Zimbabwe National Traditional Healers Association (ZINATHA).

Other varieties have different effects. One that uses 20

herbs boiled during a day will provide even greater stamina.

Sibanda and other healers market their brands through Zinatha, but most do it on their own. The price varies from Z\$5 to Z\$50 for five tablespoons (between 20 U.S. cents and U.S.\$2).

Clinical pharmacologist Norman Nyazema, who has studied vuka-vuka, reveals that one secret ingredient is cantharidine from the myrabilis beetle.

Combined with herbs, often the roots of carissa edulis, cantharidine causes blood flow into the penis but not out. A sus-

tained erection is guaranteed. As the body eliminates cantharidine naturally—in a few hours, the effects wear off.

However, if the dosage is incorrect (a frequent risk in traditional medicine), the penis remains engorged, erect, and painful. This condition is known as priapism. If left untreated, the channels of the penis become completely blocked with scar tissue. Just as Viagra's side effects put some men at risk, vuka-vuka can cause kidney problems. But, for the many users who don't suffer ill effects, vuka-vuka works.

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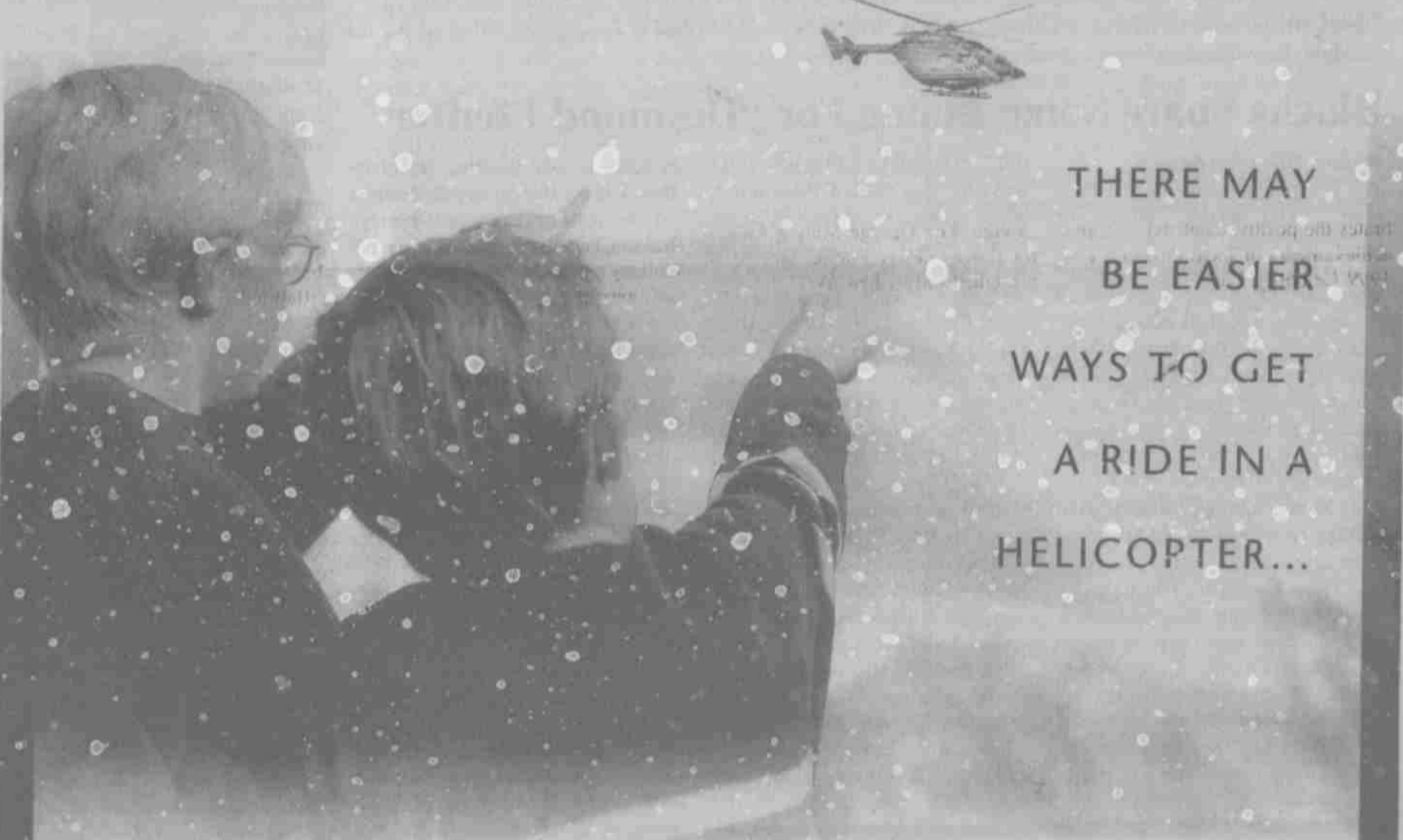
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HOST FAMILIES are needed for international high school exchange students for the 1999/2000 school year. The students will arrive in early August, 1999 and will stay with the host family for one semester or until the end of the school year. They are in need of caring American families to provide a home, an extra meal at the table, and share with them this unique experience. The students are between the ages of 15 and 18. They speak English, are covered by

medical insurance and have spending money for their personal expenses.

The SHARE! High School Exchange Program is sponsored by Educational Resource Development Trust (ERDT). Families are able to review student applications and select the student they feel will best match their own interests. For more information, call Amy Lynn, at 806-794-7238 or the ERDT Texas State Office at 1-800-414-3738.

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# Editorials • Comments • Opinions



## THIS N THAT

**GOOD BEGINNING FOR FAMILY DOLLAR!** THIS N THAT ... is very elated over the opening of another retail business in East Lubbock ... The new business is ... **FAMILY DOLLAR STORE** ... and it is located at ... 2636 Parkway Drive ... **RUBEN RODRIGUEZ** ... manager of the new store ... says this is ... **ONE LARGEST GRAND OPENINGS** ... the store has ever had in the city or ... anywhere else ... Hundreds of ... **LUBBOCKITES** ... braved the windy weather last ... Thursday morning for the opening ... Mayor Windy Sitton ... and ... City Councilman T. J. Patterson ... were present for the opening ... **PATTERSON** ... is hoping this will bring ... **MORE RETAIL BUSINESSES** ... to this part of the city ... especially some kind of eateries ... **THIS N THAT** ... is hoping the same!

**BLACK HISTORY BOWL SET!** THIS N THAT ... has learned that ... the Sixth ... **BLACK HISTORY BOWL** ... will be held at the Hunt Elementary School ... beginning Thursday morning ... February 25th ... and ... conclude ... Friday ... February 26th ... This competition involves all ... **SIXTH GRADE CLASSES** ... in the Lubbock Public School System ... Should be a very good program ... What's good about this special effort ... is that involves ... **MANY YOUNG PEOPLE WHO ARE ABLE TO LEARN MORE**

**ABOUT BLACK HISTORY** ... THIS N THAT ... says ... **CONGRATS** ... to the principal and teachers of ... **HUNT ELEMENTARY SCHOOL** ...

**SHIRLEY CANADY THE BARBER SAYS:** "ALL ROADS ... must come to an ... **END!**"

**HAVE YOU VISITED A SCHOOL YET?** THIS N THAT ... is still getting the ... **WORD** ... out as to the importance of us ... **VISITING OUR SCHOOLS** ... all year long ... It is just good to get involved in our schools ... You know if our young people will see more of being concerned ... this would help our schools ... tremendously ... **GO AND VISIT A PUBLIC SCHOOL TODAY!** ...

**TALK TO YOUR KIDS NOW!** THIS N THAT ... would like to encourage all of us ... to ... **TALK TO OUR KIDS ABOUT DRUGS** ... as more kids are participating in the smoking of drugs ... **LET'S GET INVOLVED** ... and let them know they don't need to get involved in drugs ... **DO IT TODAY!**

**KEEP YOUR KIDS BUCKLED UP!** THIS N THAT ... would suggest all parents should ... **MAKE SURE THEIR KIDS KEEP THE SEAT BELTS ON THEM WHILE RIDING IN THE CAR** ...

**"SPEAK OUT LUBBOCK!"** THIS N THAT ... would like to invite you to listen to ... **"SPEAK OUT LUBBOCK"** ... every Saturday night from 8:00 p. m. to 9:30 p. m. over radio station ... **KLFB** ... 1420 A. M. ... hosted by ... **T. J. PATTERSON** ... If you an announcement ... call (806) 765-5016.

**NEED TO CHECK RECORD!** THIS N THAT ... observed an article written ... in the local daily ... last Sunday ... February 14, 1999 ... entitled ... **"COACH DAVE COOK HONORED BY EX-PLAYERS AND FRIENDS"** ... Sure Coach Cook ... did a ... **SPLENDID JOB** ... while at ... Lubbock High School and Monterey High School ... but was not the ... **LONE WINNER OF A STATE BASKETBALL STATE CHAMPIONSHIP** ... Coaches ... **EARNEST MALLORY** ... and ... **CURTIS GIPSON** ... won at least ... **FIVE STATE CHAMPIONSHIPS** ... while coaching at ... **DUNBAR HIGH SCHOOL** ... This article was written by ... **SAM SCOTT** ... sports writer of the AJ ... Hope he will check it out ... before writing such historic stories ...

## Blacks Share Some Blame For "Desmond Pfeiffer"

By Earl Ofari Hutchinson

The producers of the UPN sitcom, "The Secret Diary of Desmond Pfeiffer" in which a Black man is a principal advisor to Abraham Lincoln, are perplexed by the opposition to their absurd farce. They point out that many Blacks were shown the tape of the pilot in which two men were shown hanging, and Pfeiffer was transported on a slave ship to America (both subsequently cut from the version UPN had planned to broadcast) and found nothing racially insulting about the show.

They are right. The pathetic reality is that many Black filmmakers and theater goers have an obsessive love affair with seeing and presenting Blacks as clowns, crooks and charity cases in movies and on the TV screen. They pack the theaters to see films such as "Boozy

Call," "How to be a Player," "Jackie Brown," and "Dead Presidents," while virtually ignoring films that present positive images of Black life and struggles such as "Rosewood," and "Once Upon A Time When We Were Colored." The 1990's Black exploitation films that pump out these negative images that many Blacks revel in viewing are cheaply made and gross from \$15 to \$60 million.

But, TV has been much worse. With little fanfare, the major networks in 1997 dumped the handful of Black-themed comedies for more family-oriented fare.

UPN quickly took up the slack and churned out a parade of brain dead, goof ball sitcoms that demean the Black image. Many of them are produced, directed, and written by African Americans. To justify their complicity in making racially offen-

sive movies and sitcoms, they claim that Blacks like to see themselves on the screen; they employ Black actors and actresses; and they put dollars in Black pockets. These are self-serving distortions.

For decades Blacks have appeared in droves of films and TV sitcoms playing everything from clowns to heroes. While some Black film stars have prospered, the box office dollars from their efforts have enriched corporate investors, producers, distributors, theater chain owners, TV and film producers, directors and screenwriters.

At the same time for too many Black leaders and organizations have been silent about the on-screen assaults on the Black image. The few that have dared to protest have found out that trying to wear Blacks off the stereotypes about themselves is a long uphill battle. In 1997, a small group of NAACP rebels denounced the organization's Image awards for nominating TV sitcoms that were among the worst mangers of the Black image. Some NAACP officials instantly balked at attacking the studios head on. Instead, they mildly reprimanded Warner Brothers for its "contempt" for Blacks by the clownish portrayal of them on its WB network.

The saddest part of this is that most Blacks do not fit into the media sensationalized of Black communities. During the 1980's and 1990's there was an unprecedented expansion of the Black middle class. More Blacks have higher incomes, and are better entrenched in business, trade and politics than ever today.

Many claim that they want see more films and TV shows that present an accurate and honest picture of Black life. But, they must be willing to challenge those African Americans who ignore or defend demeaning racial portrayals in films and sitcoms AND support the Black-themed films and TV productions that portray us with dignity. If not, UPN and Hollywood will be more than happy to continue to march out an endless line of "Desmond Pfeiffers." Write or fax your demand that "Desmond Pfeiffer" be removed from the air to: Dean Valentino, President, UPN, P.O. Box 251733, Los Angeles, Calif., 90025. Call (310) 575-7000; fax (310) 575-7201 (fax).

## IN CINQUE

By Renetta W. Howard



It is Black History Month again, and many other occasions to celebrate. This is the storiest month of the year and every organization or group imaginable latched on to this month to celebrate their cause. Wonder why? This is the Heart Association's month, Brotherhood month, and the birth month of many special interests such as National

Freedom Day, Ground Hog Day, National Wildlife Federation Day, Inventor's Day, Ash Wednesday, Birth of the U.S. Weather Bureau, Youth-Science Day, Abraham Lincoln's Birthday, N.A.A.C.P. Birthday, St. Valentine's Day, and George Washington's Birthday. Black's originally had a week in the month of February to celebrate the achievements of their ancestors while using this particular time to encourage Black youth to forge ahead and do bigger and better things. In addition to being a time of celebration and encouragement, it was also a time of hope.

Each year in February, Black Americans attempt to stimulate the hope for freedom and equality to make the dream of those who struggled and died for the attainment of civil rights for people of color, to come true. The struggle is not over. It has just begun because so many of today's youth have no knowledge that there ever was a need or reason for a struggle. They are complacent in their

daily lives with the rap music, crack cocaine, video games and \$160.00 gym shoes, the right insignia on their jerseys, the tattoo in the right place and the carrying hole just where they want it; and the rims on the cars just right. They know too well, "Who said Mickey D?" but they do not know anything about Mickey Leland, Barbara Jordan, Ronald Brown, Richard Wright, W.E.B. DuBois, Medgar Evers, Vernon Johns or any of the Black people who in their own ways, contributed much to the Black struggle, nor many of those who are still struggling for racial equality in America, such as Maxine Waters, Eddie Bernice Johnson, Tomi Morrison, Mac Jemison, Ruby Dee and Ossie Davis, Colin Powell, Clarence Thomas, Rodney Slater, Kweisi Mfume, to name a few.

We have to hope that Black history, which is "American History" will be taught in the schools just as it happened. It did not occur in isolation and until textbooks are printed with the whole story, and made available to all children in all schools, American and Black history will continue to be distorted and brotherhood will not be attained for all ethnic groups.

All children in America are being short-changed about their heritage. It is time that we get 'in cinque' and tell the truth about America and make this a better place through education and understanding. If the truth be known, we will learn that a certain amount of racial dependency has brought us this far. Let us make Black history a living history, twelve months of the year.

## Let's Consider Our Youth

by Eddie Richardson



We hear so much about our young people and children. If one would just take a close look around it, things would be easily seen. Really, we have more of a parent problem than a child problem. How can you expect a child to do the right thing when they have not been taught right from wrong.

In spite of all of this, a lot of cases parents encourage youth to do wrong, especially when money is concerned. In a lot of cases, drug money go to support households while parents fail or refuse to work. Recently in California, a family was caught running a shoplifting ring with one member - 5 years of age, one eight years of age and one 15 years of age. The mother and two other adults which had a well organized group. They would go in their stroller and perform their act. One would stand in front of the stroller, one

behind to conceal one who would walk the aisles. Another one would attract the salesperson. So when a security guard catches them on camera, one asks how long has this being going on? This is purely child abuse.

Then when you look at it, you find so many young people who have not been taught right from wrong. So how do or should they know the difference between right and wrong. When they have not been taught, even though children want to be told and taught what is right and what is wrong. So if the parents don't or can't rear their children.

The old African proverb must and should come to pass: "It takes a whole village to raise a child." Therefore, adults must make themselves available to be role models and mentors. There are many fine young people out there. We hear very little comment about them. We hear so much about the other ones who do bad things in the community. Our job should be less criticism and more encouragement for all young people.

Nuff sed! Why not??

## Relief For Black Farmers

By Simeon Booker Muhammad  
Special to NNPA

WASHINGTON, D.C.—World markets are reeling, the White House is in crisis, Congress is gridlocked and America's heartland is in the doldrums. Where does all this leave Black farmers, already on the brink of extinction?

By all accounts, America's family farmers are facing one of their worst periods in history. Market forces and the weather have combined to dramatically reduce crop prices and net farm income. Thousands of small farms are expected to fail this year and Agriculture (USDA) Secretary Dan Glickman compares the crisis with the farm credit crunch of the 1980s which caused a rash of foreclosures and brought thousands of irate farmers marching to Washington.

In a recent radio address, President Bill Clinton reported, "America's farms are facing the worst crisis in more than a decade. This year flood and drought and crop disease have wiped out entire harvests. Plummeting prices here at home and collapsing markets in Asia have threatened the livelihood of entire communities."

Black farmers have been marching and protesting for years over the admitted discrimination and disparate treatment handed out by the USDA. They fail at three times the rate of White farmers as a result. But so far, their appeal for a state-of-emergency for Black farms has fallen on deaf ears.

For several weeks the White House and Congress have been haggling over emergency dollars for farmers to help ease the pain. According to observers, about \$5 billion will probably be paid out to farmers, with the bulk of the money going to large and corporate farm

concerns. These cash payments will be in the form of disaster relief and bonuses for lost export sales.

Unfortunately, the country's 15,000 or so Black farmers won't qualify for this disaster relief due to credit restrictions built into the 1996 Farm Bill. "Virtually all of the minority farmers will not qualify for this money because of civil rights complaints or debt write-downs," said Lorette Piciano, executive director of the Rural Coalition. "The disaster relief will help some family farmers but none of these programs will rush aid at the level needed," she added.

The Congressional Black Caucus (CBC) has helped to focus attention on the plight of the Black farmer and has had some success in pushing favorable legislation. But, in the case of disaster relief legislation, not much is expected from the CBC.

"Unfortunately, the CBC could not way in more heavily on this, especially with the current House leadership," said Sam Taylor, executive director of the Black Farmers and Agriculturists Association (BFAA). BFAA is responsible for the \$3 billion bias lawsuit against USDA, representing some 800 Black farmers.

CBC members, however, were instrumental in drafting legislation for Sen. Charles Robb's (D-Va.) agriculture appropriations bill. The legislation eases credit restrictions on Black farmers and waives the statute of limitations barring thousands of farmers from filing discrimination complaints against USDA. According to Taylor, Rep. Eva Clayton's (D-N.C.) office was primarily responsible for the credit and waiver language in the Robb bill.

Other CBC members credited

with helping Black farmers are: CBC Chair Maxine Waters, Joan Conyers, Cynthia McKinney and Bennie Thompson. "When President Clinton signs the appropriations bill, it will mean that for the first time Blacks will be paid compensatory damages by their government. Fifteen hundred to 3000 Black families will qualify and it could reach \$3 billion in payments. This will be tantamount to limited reparations," Mr. Taylor. The president is expected to sign an agriculture appropriations bill any time.

Taylor believes that once the U.S. government settles with Black farmers, "it will reinvigorate and restart a sector of the economy in which Blacks once had a foothold, but which is now almost extinct.

"We've gone from 15 million acres at the turn of the century and we're entering a new century with just 1.5 - 1.8 million acres. Without land and agricultural production, we're failures at capitalism in a democratic country," continued Taylor.

Back at USDA, the agency's inspector general in a recent report, says that the civil rights office is in "disarray." Inspector General Roger Viadero reports 616 backlogged complaints, untended files and interns handling complaints, among other things. He recommends stripping the office of its jurisdiction and forming an outside task force to solve the problems.

This action comes more than a year after USDA Secretary Glickman vowed to clean up the USDA. But the latter rejected the recommendation for an independent task force saying, "We think we have better people or people we can get ahead of right off the bat right here within USDA."

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## Five Texans Featured In Parade's Annual Salary Report

New York, February 14—Five Texans were among the more than 130 Americans interviewed for PARADE's 17th annual salary report, featured in this Sunday's issue of the magazine.

Rick McFarland, a 32-year-

old landscaper from Dallas, who earns \$60,000 a year; and 33-year-old Suzanne Fletcher of Jacksonville, who earns \$13,520 as an ad designer; are featured on the cover of PARADE. Thirty-eight-year-old Elyse Moore, a teacher from

Dallas, earns \$32,000; Dallas Cowboys star Emmitt Smith, 29, earns \$6 million; and Ruth Alexander, 44, a library assistant from Lubbock, earns \$11,000.

The salaries in this year's report, which is the 17th that PARADE has conducted, ranged from a high of \$400 million earned by 65-year-old Sanford Weill of Greenwich,

Connecticut, chief executive officer of Travelers Group, to an actual loss of \$120,000 reported by 47-year-old farmer Dennis Anderson of Princeton, Illinois.

PARADE's annual salary report is compiled through interviews with workers throughout the country who are representative of the nation geographically, ethnically and in age and salary range.

## Annual Conference Helps Prepare Students For College

TCU students and administrators will participate in the fourth annual High School Conference Feb. 19-20 on the TCU campus. TCU students will mentor potentially at risk youth by inspiring the teens to pursue higher education and avoid dangerous pitfalls along the way. TCU students organize and run the conference. This year's event will bring more than 300 high school junior and senior minority students to campus from the Fort Worth, Arlington and Grand Prairie Independent School Districts.

TCU Chancellor Michael R. Ferrari and Vice Chancellor for Student Affairs Don Mills will participate in the opening ceremony.

"TCU looks forward to hosting these students and providing them with a vision of the possibilities provided by higher education," said Mills.

Activities are scheduled from 10 a.m. Friday until noon on Saturday and include workshops on relationships, peer pressure, leadership and self-esteem, AIDS and sexually transmitted diseases, athletics in college, the Greek system and a session addressing misinformation students receive from friends and other sources.

"We try to get high school students in a position to plan for college, despite disadvantages, early enough to have a choice," says Daron Turner, TCU's director of minority affairs and commuter student services. "The conference gives students an opportunity to find out how to apply for college and what to expect when they get there," said Turner.

TCU students will host a major/minor fair to showcase potential fields of study and available professions. TCU admissions and financial aid offices will give attendees valuable information about college applications and financial aid possibilities.

After a full day of educational activities, students will begin the evening with performances by the O.D. Wyatt Steppers and TCU students who will perform dramatic skits with a message. The evening concludes with a dance in the Cyrus K. and Ann C. Rickel Building on campus.

Saturday, students will have breakfast and participate in a scavenger hunt hosted and supervised by TCU students.

For more information, contact Student Development Services at (817) 257-7855. Interviews may be scheduled with student organizers of the conference by contacting them directly.

### Conference directors:

Sharon Session

(817) 257-2924

Sylvia Carrizales

(817) 257-8558

### Conference staffer:

Nicole Edwards

(817) 257-8526





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**What is a Biblicist?** In the on-going controversy of the Doctrines of Grace, we constantly come across the argument, "Well, I am neither a Calvinist nor an Arminian. I am a Biblicist." The person making that statement is clearly attempting to separate himself from either of the first two positions named and is alleging that he is of the third position. We can only assume that he can see a difference between his position and the other two. But most I have talked to have had some real difficulty clarifying their position. In the hope of getting that clarification, I offer this worksheet. If you consider yourself a "Biblicist," please fill out the middle column and show your "third" view on each point.

| ARMINIAN  | BIBLICIST   | CALVINIST  |
|---|---|--|
| <p>Man's depravity is only partial. Man is not left in totally helpless state. His will is not affected by sin. It is still free to choose good over evil, and could repent and believe. Faith is the sinner's contribution to his salvation. His eternal destiny depends on how he uses his free will.</p> <p>Election is based upon God's foreknowledge, which means He looked down the corridors of time and saw who would believe the gospel, and so chose those who were willing to choose Him.</p> <p>Christ's death was "sufficient" for all but "efficient" only for the ones who would believe. It had an unlimited purpose but a limited power (limited by man's free will). It did not in fact secure the salvation of anyone; it only made salvation possible.</p> <p>God wants to save everybody, but inasmuch as man is free, he can resist God's will. The Holy Spirit can draw only those that allow Him to draw them. They first have to be willing to believe.</p> <p>Believers who are truly saved can lose their salvation by failing to keep up their faith. As man's will is the instrument of his salvation, it can also be the instrument of his falling from grace. The Christian must persevere to the end or be lost. (Some hold that believers are eternally secure.)</p> | <p>I trust that you are going to be as precise as possible. Don't just say you believe such and such a verse. Explain what you believe that verse is saying. What is your interpretation of the verse?</p> <p>For example, it is not enough to say, "I believe John 3:16!" What do you believe about John 3:16? What do you believe that verse is actually saying?</p> <p>Please be as clear as possible in explaining your position on these very important matters. It is vital for us to communicate accurately and not hide behind confusion.</p> <p>Finally, be as honest as you can be. Make sure your position is clear and concise. After all, if we do not have these matters clear in our own thinking, how can we hope to tell others what we believe?</p> <p>Surely, the doctrine of salvation is at least as important as the doctrines of ecclesiology or even eschatology.</p> <p>What do we believe?</p> <p>Can we articulate it?</p> | <p>Man is a free moral agent, and his will is in bondage to his nature. He cannot change his nature. He cannot make choices contrary to his nature. He is dead in his trespasses and sins and is drawn to the god of the dead.</p> <p>God saw that no one would believe on his own, so He chose some before the foundation of the world, according to His own pleasure and purpose, and gave to them faith and repentance.</p> <p>The intention of Christ's redeeming work was to save the elect and in fact secured salvation for them. God has a limited purpose (save the elect) and an unlimited power. Christ secured the salvation of those for whom He died.</p> <p>The external call given to all who hear the gospel can be and often is rejected. The internal call made by the Spirit to the elect cannot be ultimately resisted. The Spirit graciously causes the elect sinner to believe, repent, and come willingly to Christ.</p> <p>While the saint is preserved by God, true faith will persevere, even though it may stumble and fall. They will arise and go on in the faith. They are eternally saved.</p> |

### ~ A PARABLE ~

A feathered creature was walking along, trying to mind his own business, when he happened upon a group of birds having a discussion. Some of them claimed to be ducks. Others claimed to be swans.

They looked at him and asked him,

"What are you?"

He looked at the ducks and knew the ducks had a bad reputation. He really did not want to be called a duck!

Then he looked at the swans, and he had been told that they were too cold and snooty. He really did not want to be called a swan!

So he drew himself up to his full height, stuck his beak in the air, and said

"I am a Bird!"

And with a self satisfied air about him, he waddled on down the road, quacking his pleasure at having escaped being classified as anything other than a bird!

(Those desiring an explanation of the parable please write to the address below)

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# CHURCH DIRECTORY



## IN JESUS NAME

"CARES OF THIS WORLD!!!"

MATTHEW 13:34,7,22, JESUS SAID, BEHOLD (LOOK), A SOWER WENT FORTH TO SOW, AND SOME FELL AMONG THORNS(THE DEVIL); AND THE THORNS SPRUNG UP AND CHOKED THEM. HE ALSO THAT RECEIVE SEED AMONG THE THORNS IS HE THAT HILARETH THE WORD; AND THE CARES OF THIS WORLD; AND THE DECEITFULNESS OF RICHES, CHOKED THE WORD, AND HE BECAME UNFRUITFUL.

GOD SO LOVED THE WORLD AND HE GAVE HIS ONLY BEGOTTEN SON; THAT IS WHY JESUS DIED ON THE CROSS FOR THE SIN'S OF EVERYONE !!!

JOHN 3:17, JESUS SAID, FOR GOD SENT NOT HIS SON (JESUS) INTO THE WORLD TO CONDEMN THE WORLD; BUT THAT THE WORLD THROUGH HIM MIGHT BE SAVED.

JESUS DIED ON THE CROSS, ON A HILL CALLED CALVARY; SO THAT ALL MEN COULD A RIGHT; TO BE FORGIVEN OF SIN AND BE FREE!

JOHN 19:30, WHEN JESUS THEREFORE HAD RECEIVED THE VINEGAR, HE SAID IT IS FINISHED AND HE BOWED HIS HEAD, AND GAVE UP THE GHOST.

\*\*\*\*\* THE WORD FINISHED MEANS COMPLEAT, CONCLUDE, ACCOPLISHED, MAKE AN END, FILL UP, WHAT PART OF FINISH DIDN'T THE CHRISTIANS OF THE 60'S UNDERSTAND??? THE CHRISTIANS DID ROB GOD !!!\*\*\*\*\*

JESUS TOLD HIS DISCIPLES GO INTO THE WORLD, AND PREACH GOOD NEWS; BECAUSE SIN HAD MADE MANKIND SLAVES; AND THEY HAD THE BLUES!!!

MARK 16:15,16, JESUS SAID, GO YE INTO THE WORLD, AND PREACH THE GOSPEL TO EVERY CREATURE. HE THAT BELIEVETH AND IS BAPTIZED SHALL BE SAVED; BUT HE THAT BELIEVETH NOT SHALL BE DAMNED.

BUT THE 60'S BROUGHT FORTH A MAN SAYING I'LL SET MAN FREE; JESUS SAID IT IS FINISHED; COMPLEAT, THEN THE OTHER; CAN'T BE !!!

JOHN 8:32, 36, JESUS SAID YE SHALL KNOW THE TRUTH (JESUS) AND THE TRUTH SHALL MAKE YOU FREE. IF THE SON (JESUS) THEREFORE SHALL MAKE YOU FREE, YE SHALL BE FREE INDEED (TRULY).

THE 60'S CHURCHES ARE THE SAME TODAY; THEY'RE NOT "REACHING JESUS IS THE ONE AND WAY !!!

GALATIANS 1:6-10, I MARVEL THAT YE ARE SO SOON REMOVED FROM HIM THAT CALLED YOU INTO THE GRACE OF CHRIST UNTO ANOTHER GOSPEL WHICH IS NOT ANOTHER; BUT THERE BE SOME THAT TROUBLE YOU, AND WOULD PERVERT(TURN) THE GOSPEL OF CHRIST. BUT THOUGH WE, OR AN ANGEL FROM HEAVEN, PREACH ANOTHER GOSPEL UNTO YOU THAN THAT WHICH WE HAVE PREACHED UNTO YOU, LET HIM BE ACCURSED. AS WE SAID BEFORE, SO SAY I NOW AGAIN, IF ANY MAN PREACH ANY OTHER GOSPEL UNTO YOU THAN THAT YE HAVE RECEIVED, LET HIM BE ACCURSED. FOR DO I NOW PERSUADE MEN, OR GOD? OR DO I SEEK TO PLEASE (OBEY) MEN, I SHOULD NOT BE THE SERVANT OF CHRIST. \*\*\* DID THE CHURCHES ROB GOD????

OUT OF THE 60'S MOVEMENT DISOBEDIENT CHILDREN ARE DEAD OR IN JAIL; SAYING WE'RE FREE; YET A SLAVE TO SIN, AND ON THEIR WAY TO HELL!!!

PSALM 2:1,2a, WHY DO THE HEATHEN RAGE, AND THE PEOPLE IMAGINE (DREAM) A VAIN THING? THE KINGS OF THE EARTH SET THEMSELVES, AND THE RULERS TAKE COUNSEL TOGETHER, AGAINST THE LORD.

GOD IS NOT THROUGH WITH US YET! SO LETS PRAY FOR ONE ANOTHER. WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III, YOUR BROTHER IN CHRIST JESUS ALWAYS !!!

### Dr. Emory Davis Funeralized

Final rites were read for Dr. Emory Davis, a former resident of Lubbock and professor at Texas Tech University, on Monday, February 15, 1999, at the Smith Chapel African Methodist Episcopal Church in Dallas, Texas.

A more detailed story will be written of Dr. Davis who was a member of Bethel African Methodist Episcopal Church when he and wife, Vivian, lived in Lubbock. She was also an employee at Texas Tech University as an English professor.

### Special Musical Set

A very special Musical will be held at the Victory in Praise Church, Martin Luther King Blvd. and Main Street, on Sunday afternoon, February 21, 1999, beginning at 3:30 p. m. The church is located across the street from Jamison Funeral Home.

Special guest will be the Scott's Temple Choir, the Lewis Singers and many others.

Come and be a part of this affair. Let the Lord bless you and your soul.

Brother George Lewis is conductor and Elder Joseph Moore, pastor.

## from the Desk of Parson D.A. Smith

Sharing gratitude

"And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, and fell down on his face at his feet, giving thanks."—Luke 17:15-16

A widely read major newspaper devoted many pages of its society section to children's letter to Santa Claus, a few weeks before Christmas. Some days the letters were funny. Other days they were an almost unending list of wants. All in these entire young letter writers produced some laughs for the readers. The section was enjoyed the whole holiday season.

Several weeks after the pressure of the holidays died down, a small editorial appeared on the back page of the paper. This tiny piece stated that out of the thousands of letter received to ask Santa for a gift, only one little fellow followed up with a note of thanks for the present. The lonely letter was printed below the editorial.

How often do we in the African American community send our long list of need and wants to heaven, forgetting to send our thanksgiving after the hustle and bustle has died down. I suppose one would think that heaven has many pages of prayer request, but one must wonder about the back page piece to offer gratitude.

### Why Is Clinton Up And Lyons Down Among Blacks?

By William Reed

A very important trial is taking place in the nation. While the vast majority of African Americans offer unwavering support to President Clinton in his trial, most have missed the fact that a questionable trail of Rev. Henry Lyons was taking place in Florida.

Lyons, who heads the largest black church group in the country, is probably being sandbagged even worse than Clinton. Charged with Brenda Harris a meeting coordinator for the National Baptist Convention USA; and Bernice Edwards NBCUSA's former public relations director, for money laundering, extortion, fraud and tax evasion. Lyons faces a maximum of 815 years in prison and \$25million in fines. Primarily because of external forces, the three are accused of skimming millions of dollars from NBCUSA funds. Like Clinton, Lyons & Company have total support from their constituents and have been forgiven by them for any transgressions the press claims they have committed.

In Clinton's case, blacks have marched, prayed and pleaded to save his presidency. Eighty percent of blacks say: "He did a few things he shouldn't have done, but they weren't crimes, or at least, shouldn't be." They say the president's persecutors are the real danger and their partisan witch hunt is far worse than

the allegations. Blacks are peeved at the press and Congress that Clinton is being hounded by such investigators.

On the other hand, Lyons standing among the African American community has been perpetuated mainly by the white press. Based on allegations lodged by Jewish groups and a multi-billion dollar white-owned funeral company, blacks have been led to feel Lyons betrayed them. Although, he's received numerous votes of confidence from the NBCUSA, and his home church congregation, instigations by the white press has plunged Lyons into pariah status among those African Americans who don't know of his works within the NBCUSA membership.

Lyons adamantly denies the case's charges and says "it's all a white media witch hunt." And, noting white media thrashing of Don King, Mike Tyson, Washington Mayor Marion Barry, and others, Lyons may have a good point.

Instead of being led around by whites who want to do him harm alleging he "bilked" them, African Americans should note the good Lyons has done for millions in his NBCUSA group. Lyons received no salary for being president of the not-for-profit National Baptist Convention, and in 1996 was a principal founder of the not-for-profit Revelations Corporation.

### Houses of Worship Passes The 65,000 Church Milestone

Pittsburgh, PA, February 2, 1999—More than 65,000 Christian churches of all sizes, representing more than 120 denominations across Canada and the US, can now be found in one central location on the World Wide Web.

The Houses of Worship (HOW) web site (<http://www.hows.net>) provides free, easy-to-edit web pages where churches can publish their own content, thus connecting people of faith for greater service to their communities and to the world.

A non-profit partnership of the American Bible Society, the Pittsburgh Leadership Foundation and OnTV Pittsburgh LP, Houses of Worship's mission is to provide a place of greatly enhanced visibility on the World Wide Web that enables Christian churches to extend their efforts for witness and ministry.

The HOW web site is an information clearinghouse for both congregations and individuals. Churches can post information in Schedule of Services and Events, Message from the Pastor, Youth Bulletin Board and Needs and Offers. Individuals can search for a church by geographic location, denomination and types of needs and offers, such as child or elder care, advocacy and disaster relief. In Find Church Doings they can obtain information on services the churches offer such as Bible study, singles groups, etc.

HOW remains free to congregations with the help of sponsor businesses serving the Christian community. Under HOW Handy: A Resource Guide of Suppliers for Churches and Their Congregations, churches can find a range of suppliers from stained glass to furniture. HOW also offers unique partnership opportunities for denominations and religious associations, schools and seminaries, ministries and missions, including a directory of educational resources from pre-schools to seminaries.

ies, a listing of official denomination web sites, an online magazine, and discussion forums on a host of topics.

Churches that already have web sites can link to them from their HOW pages, dramatically increasing the chance of being found on the Internet, thanks to HOW's powerful search engine. Those without existing web sites can establish web pages on HOW at no cost and can receive similar benefits.

Houses of Worship founder Robert Thibadeau stated, "This explosive growth of church participation has exceeded all our expectations. At this rate we could easily see more than 100,000 Christian congregations online at the HOW web site. HOW continues to work on its Spanish language version and hopes to serve Hispanic churches in the US and Mexico within the next 12 months.

To participate in Houses of Worship, churches must sign an electronic document that includes the editor's name, the name of the church on whose behalf he/she is editing, and the affirmation that it is a Christian church and that the church agrees that the Holy Bible (Old and New Testaments) is the unique written Word of God, bringing the message of salvation through Jesus Christ. Churches can edit their pages at Houses of Worship by clicking on the Help Center at [www.hows.net](http://www.hows.net) and following the instructions. Houses of Worship welcomes any church that signs this affirmation to join the scores of thousands of congregations who, through their presence at Houses of Worship, manifest on the Web the rich diversity of Christ's church.

For additional information about Houses of Worship, contact Chris Thibadeau, 412-667-7031, email: [ca@hows.net](mailto:ca@hows.net).

Many of you perhaps have heard of the legend of the two angels who were sent to earth to gather up all the prayers of humankind and take them to the Father. Each angel had a large basket. One was to fill his basket with requests; the other was to find the prayers of thanksgiving.

After much diligent, hard work the two angels returned to heaven. One angel drops an overflowing heavy basket of requests behind him as he entered the throne room. The other carried his basket like it was empty. The angel had searched throughout the earth and found only a few grateful hearts.

The Bible has much to say about being thankful. Philippians 4:6 says: "Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God." The ratio of our asking and our thanking should be the same.

The Gospel of Luke records the story of an exception among ten men who were healed with leprosy. When the one saw the marks of leprosy disappear from his body, he stopped and let the other go on ahead of him. He felt moved to turn around and go back to Jesus. As he return he lifted his voice in praise to God for what he had done for him.

The healed leper chose Jesus as the focal point of his gratitude. Prostrating himself before Him in the dust of the street, this man poured out his thanks to Him.

We should make it a habit of being thankful. It does not matter how great our thanks, as long as we do it with sincerity. We should try to acquire an attitude of thankfulness like the grateful leper.

## The Outreach Prayer Breakfast

The members of the Outreach Prayer Breakfast were invited to the New Jerusalem Baptist Church, where the Rev. E. W. Austin is host pastor, last Saturday morning at 8:30 a. m. All members were so proud Sister Verda Smith invited us. We were truly blessed by this program.

The subject of last Saturday's lesson was "Women in Mission", with topics in the following areas: "Sharing Christ's Suffering," Preparing For The Battle, "Women and Grief", and "Prayerful Petition."

Sister Loreta Austin was the instructor for these topics. This lady is great. You should have been there. The people of Jerusalem Baptist Church are just great!

"Let's Pray"

Lord Jesus, we come to you humble as we know how. Just thanking you for the beginning of a new year, and we can look forward to serving you more faithful and with a greater determination. Renew your leaders in the Holy Spirit and let us wait patiently until we mount up on wings of your love as eagles. Give us boldness to stand on your word in trying times.

Keep us in the paths of righteousness. Protect us and the reading audience from seducing spirits, especially when we are hard pressed to indulge in activity that is not pleasing in your sight. Let every thought be taken captive to obey you, Lord. In your name, we pray. AMEN!

Thought of the Week: "People should seek a relationship with the Holy Spirit, not an experience."

To all the hurting people, read and receive II Chronicles 7:14 and Mark 11:22-26. We love you, and that's the truth.

We hope you had a lovable Valentine Day. Write to us: Outreach Prayer Breakfast, P. O. Box 1223, Lubbock, Texas 79408.

Sister Dorothy Hood, president; Rev. Sister Christine Burleson, vice president; Sister Ernestine Firizer, secretary; and Sister Elnora Jones, acting secretary.

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### Employment



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#### DANCE ROOM SUPERVISOR

Levelland Campus part-time position: Request position description and application packet from South Plains College, Human Resources Office, Maria Chapa, 1401 S. Collage Ave., Levelland, TX, 79336, (806) 834-9611, ext. 2177. Applications will be accepted until Feb. 25, 1999. Complete employment listings and descriptions are available at our web site [www.spc.cc.tx.us](http://www.spc.cc.tx.us) under "JOBS".

South Plains College reserves the right to extend the search or not clear position advertised. An Affirmative Action/Equal Opportunity Educational Institution.

### Employment



KLBK-TV is accepting applications for a part-time entry level production floorperson. Experience with television production/operational procedures techniques is preferred. Send resume to: KLBK-TV, Personnel/Production Floorperson, 7403 S. University, Lubbock, TX, 79423, or fax: 806-748-2250. No phone calls please. Applications are being accepted through February 25th.

KLBK-TV ENCOURAGES MINORITY EMPLOYMENT AND TRAINING AND IS AN EQUAL OPPORTUNITY EMPLOYER. PRE-EMPLOYMENT DRUG TESTING IS REQUIRED.

KLBK-TV, Lubbock's CBS affiliate is seeking a photojournalist/editor. Candidate will shoot and edit videotape for news department. Candidate should possess experience and/or education shooting professional video for television news or production. Candidate should be available to work flexible hours including nights and weekends and to be on-call on a regular basis. Qualified applicants should have a clean driving record and be willing to live in the Lubbock Metro area. Send resumes to: Personnel Department/Photojournalist/Editor, KLBK-TV, 7403 S. University Avenue, Lubbock, Texas 79423, FAX: 806/748-2250. Phone calls will not be accepted. Closing Date is February 25th, 1999.

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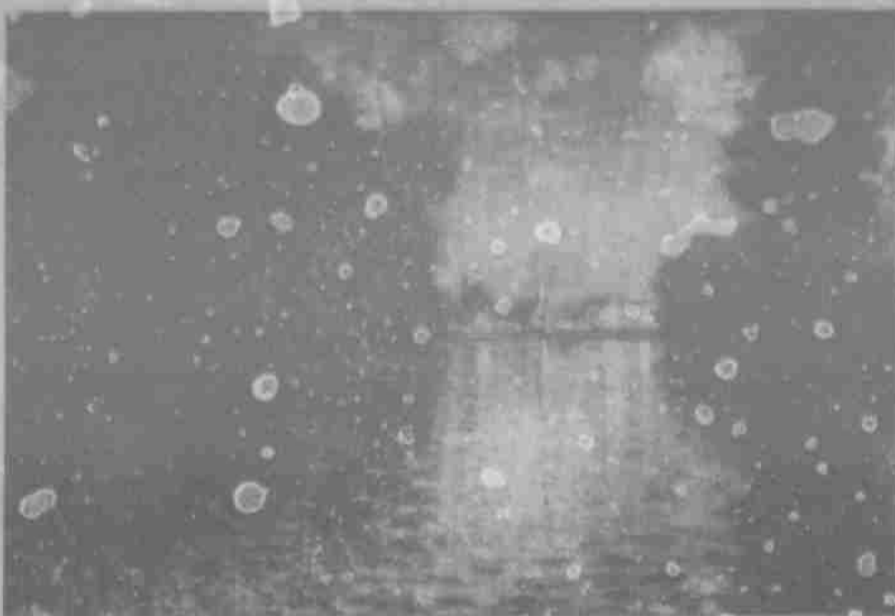
By Ruth Oron

The greatest news for every person is in what I am so fortunate to have learned from Aesthetic Realism, the education founded by Eli Siegel. It is described beautifully by the Class Chairman of Aesthetic Realism, Ellen Reiss:

The thirsted-for consciousness, Aesthetic Realism brings to humanity is in this great principle stated by Eli Siegel: "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves." We can know at last that our selves are aesthetic; we are, every moment—in our domestic life, our work, our thoughts to ourselves, our bewilderment—trying to put reality's opposites together, trying to be like art.

I tell here what I am learning about my own life from a painting

by Monet in relation to questions I had the privilege to hear in



Aesthetic Realism consultations.

In consultations a person comes to see their life thrillingly as a work of art in process and learns that the

one way to be just to people, things, ourselves, is to have the respect an

artist does as he looks at an object. The art purpose, I have learned, is completely against the greatest cause of pain in people's lives,

which Aesthetic Realism explains is contempt "the addition to self through the lessening of something else."

When I first saw Claude Monet's "Autumn Effect at Argenteuil", I was swept by its shimmering delicacy and power. As I studied it, and read what Eli Siegel has said about Monet, I learned how deeply he makes a one of opposites people, including myself, have been troubled by—awareness and unawareness, the vague and the definite. In a radio-interview of 1963 Eli Siegel said:

Monet made the vague, the uncertain, the trembling triumphant. We have a tendency to give edges and tidiness to reality when, it could be felt, reality says: "I am not that tidy, and I don't have those glaring edges." So Monet wanted to see what happened at noon, and what happened at twilight....

Before I met Aesthetic Realism, I did not give the attention to things they deserved—I made them hazy, distant. Yet, I also asserted my opinions, fought with people over them, while the subject got lost in heated arguments and I felt tremendously unsure of myself. I gave things "glaring edges," as Mr. Siegel put it, and also obliterated them in a haze.

My life began anew when I began having Aesthetic Realism consultations. In one consultation I was asked: "Miss Oron, what do you think is your worst character trait?" "Vagueness," I said. And they said: "Yes, you have vagueness, but what is the opposite of vagueness? Do you think you're also a manager?" I answered, "Yes,

very much." My consultants explained:

Eli Siegel showed in lessons as he spoke to people, the relationship between managing, manipulating and confusion. Do you think that one, because you're confused you can manage, and two, your managing can make you confused?

I learned that I wanted to manage without being affected by what things are which is contempt. And this was the very thing that made me so pitifully unsure of myself and lonely.

In "Autumn Effect at Argenteuil" of 1873, Monet shows reality as a beautiful oneness of the vague and the definite. The whole painting seems to be in a state of lovely tremulous motion as the daubs of paint—the dazzling bright pinks and blues of the sky, the white clouds, and the buildings—blend and mingle with each other and you can hardly see where the trees end and their reflections begin. Yet in all this vagueness there is a definite structure.

Look at the buildings and their reflection in the water. The reflection of the white of the buildings becomes vague, more uncertain, in the rippling water, yet these reflections extend the buildings into four vertical lines which help to anchor this wide horizontal composition. The clouds above so freely painted, have the same colors as the buildings. The spire of the church is definite, yet its point seems to melt into the sky. Monet, Mr. Siegel explained "was looking to have gravity shimmer...."

As a person who liked to keep

my edges tidy, I am so grateful for the question which I heard in a consultation:

Do you think that there is a constant fear in people that if they let the world into them too much their selves will vanish? Do you think you could feel surer of yourself if you really feel there is no limit to how much you want to think about the depths of other things?

How much Monet wanted to think about "the depths of other things" can be seen in this quote from the book, Monet, A Retrospective, edited by Charles F. Stuckey:

A leaf, a small pebble, a ray of light, a clump of grass stop me for an infinite length of time; and I study them eagerly.... I savor a mysterious, delightful joy as I separate their imperceptible tones and their elusive reflections. And I realize that I had never really looked at anything. Ever. That's all to the good.... Sometimes I stop, stunned suddenly to discover dazzling things the existence of which I never suspected.

Because Monet wanted to think about "the depths of other things" to see their meaning, see how light affected and changed things, he was able to see the essence of a tree, a river, a cloud; to see that it is the oneness of reality's opposites.

Aesthetic Realism in teaching that art answers the questions of our lives gives every person a new dignity—a true beauty, and it is why I love Eli Siegel so much, for he made possible in my life, feeling I never thought I'd be able to have—a pride and happiness that I treasure.

## Texas Speaker of the House named "Friend of Education" by TCTA

AUSTIN - James E. "Pete" Laney, D-Haie Center and speaker of the Texas House of Representatives, has been selected as the Texas Classroom Teachers Association's 1998-99 Friend of Education in the public official category. TCTA presents the award annually to honor a statewide elected official who has shown extraordinary commitment to public education in Texas.

Laney was honored on Feb. 5 in Austin at the opening session of TCTA's annual convention. He was recognized with Retired Col. William H. Casper of Mineral Wells, selected as Friend of Education in the private citizen category.

Some 600 educators from across the state attended the TCTA convention to discuss current education issues, including the upcoming session of the Texas Legislature. Delegates to the convention elected the Association's 1999-2000 statewide officers and district directors, and they made policy decisions for the 40,000-member nonprofit organization.

Laney has served as a state Rep. since 1972, and has been House speaker since 1993. He was re-elected to his fourth term as speaker on Jan. 12, making him the top-ranking Democrat in state government. As speaker, Laney is responsible for all House committee assignments and has tremendous influence on the day-to-day workings of the House and its committees.

Laney was named TCTA

Friend of Education because of his long history of support for Texas public schools, said TCTA President Sue Barker of Whitesboro.

"During his terms as Speaker, Laney has placed the highest priority on education, with a particular emphasis on ensuring the equitable distribution of education funding," Barker said. "Education has been the focus of the House under his leadership, from the creation of a constitutional school finance system in 1993, to the re-write of the Education Code in 1995 and the appointment of the House Select Committee on Revenue and Public Education Funding in 1997."

Laney also has been a key figure in the House of Representatives opposing the diversion of funding from public schools to private schools, Barker added.

TCTA has presented Friend of Education awards since 1976. Nominees are evaluated according to their leadership roles, actions and support that have benefited public education.

In addition to honoring the Friend of Education recipients, TCTA presented 1998-99 awards to Tom Miller of Midland, Administrator of the Year in the elementary school category, Joanne Rice of San Angelo, Administrator of the Year in the middle/secondary school category, and Richard Rivera of Weslaco, Administrator of the Year in the central office category; Paul Douglas Belton of Borger, School Board Trustee of the Year, Juanita Fleming Harman,

long-time Midland ISD teacher now residing in Granbury, Retiree of the Year, and media award winners Michelle Melendez of the Fort Worth Star-Telegram, Staci Semrad of the Wichita Falls Times Record News, and Doug Wilson of WFAA-TV in Dallas.

TCTA is a nonprofit, nonunion professional association that was founded in 1927. It is the only Texas education association that limits Active membership to public school teachers and related professional, nonadministrative personnel.

## Cherry Point Clinic Opening

There will be a grand opening for the Cherry Point Clinic.

The opening will be February 25, 1999 from 1:00 p.m. to 4:30 p.m., with the ribbon cutting at 4:00 p.m., at 515 Zenith Ave., the Lubbock

Housing Authority.

Information booths will be provided by: Health for Friends, St. Mary of the Plains, Maximus, First Care, City Health, Girl Scout Council, and Parents as Teachers.

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